

BASKETBALL



Tuesday-Friday

July 6 - July 9

9:30 a.m. - 11:30 a.m.



Basketball fundamentals, techniques, and drills are taught for every phase of the game.

FOOTBALL

Monday - Thursday

JULY 12 - JULY 15

11:30 a.m. - 1:30 p.m.



Offensive and defensive fundamentals, techniques and drills are taught.

BASEBALL

Monday - Thursday

JULY 19 - JULY 22

3:00 p.m. - 5:00 p.m.



Infield & Outfield - Drills, fundamentals and ... techniques

Pitching - Drills, fundamentals and techniques.

Hitting - Drills, fundamentals and techniques.

Game Situations emulated along with intersquad scrimmages.

SOCCER

Monday - Thursday

JULY 19 - JULY 22

5:00 p.m. - 7:00 p.m.



Fundamentals, techniques, drills, and strength training are covered in this camp.

St. Laurence High School

HOME OF THE
VIKINGS



Supervision and instruction for all Summer Sports Camps is provided by St. Laurence High School Coaches and Varsity VIKING team members.

Mr. James Grannan - Football

Mr. Pete Lotus - Baseball

Mr. Mark Savadge - Basketball

Mr. Brian Kovacs - Soccer

If further information is required, please call: 708-458-6900 Ext. 256

Athletic Director's Office

St. Laurence High School SPORTS CAMPS - Summer, 2010 Registration Form

Please Print

Name: _____

Address: _____

City: _____ Zip: _____

Phone: (_____) _____

Emergency Phone: (_____) _____

E-mail: _____

As of Sept. 2010 Grade: _____ Age: _____

Height: _____ Weight: _____

Circle One.

T-Shirt Size (Adult): S M L XL XXL

The FEE for EACH CAMP is: \$50.00

Check the appropriate box of the Camps you will attend

CAMPS ARE FOR

5th, 6th, 7th & 8th grades * (as of Sept. 2010)

BASKETBALL - JULY 6 - JULY 9

FOOTBALL - July 12 - July 15

BASEBALL - July 19 - July 22

SOCCER - July 19 - July 22

Read & complete reverse side

Please complete both sides of this
Registration Form
and send it along with your check to:

St. Laurence SPORTS CAMPS
Summer 2010
5556 West 77th Street
Burbank, IL 60459
Attn: Mrs. Kathy Becker

I will attend _____ camps @ \$50 each
(number)

TOTAL ENCLOSED \$ _____

The applicant is in good health and has our/my permission to participate in all of the scheduled activities of the camp(s).

We/I do hereby release St. Laurence High School and the camp directors/instructors of all liability for any injury received by our/my son/daughter while transporting to and or from and while participating in any of the camps.

Parent(s)/Guardian(s) Signature

Date _____

St. Laurence High School
5556 West 77th Street
Burbank, IL 60459

St. Laurence High School

VIKINGS

5TH, 6TH, 7TH & 8TH GRADE*
SPORTS CAMPS



BASEBALL
BASKETBALL
FOOTBALL
SOCCER

"Where Leadership Begins"